nsif Nicholls Spinal Injury Foundation Newsletter- Summer 2016

Supporter spotlight

Heroes come in all shapes and sizes. One of the greatest nsif heroes is undoubtedly Claire Lomas. Claire, who is a patron of nsif and an advocate for SCI research, has had an unstoppable few months. Claire organised a series of 'Road2Recovery' fundraising events in her home town of Melton Mowbray including a Ride Out with over 150 motorcyclists and a half marathon with over 300 participants. Together these incredible events have raised over £13,000 for nsif.

One of the toughest tasks of the year so far has undoubtedly been the Vitality London 10,000. Claire, who is paralysed from the chest down, walked with the aid of a ReWalk suit in order to help move her legs to complete this gruelling challenge. Claire set off at 5am from The Mall, 5 hours before the other contestants, and finished her incredible feat an arduous 12 hours later. This valiant effort was admired by both fellow runners and spectators with loud cheers throughout and raised in excess of £13,500.

Claire is completely committed to raising funds for spinal research; she puts heart and dedication into all of her fundraising events. Claire Lomas, you're definitely our hero!

Read about Claire's gallant efforts

Spring Highlights

We've had a busy few months here at nsif both raising awareness and money for SCI, catch the highlights below.

nsif Polo Day

The 26th May saw our second annual polo day at the prestigious Guards Polo Club. We had a fantastic turn out with over 80 guests who enjoyed a champagne reception, lunch, auction and polo match. The day was thoroughly enjoyed by all and raised over £15,000

Read more about the event here

Vitality 10,000

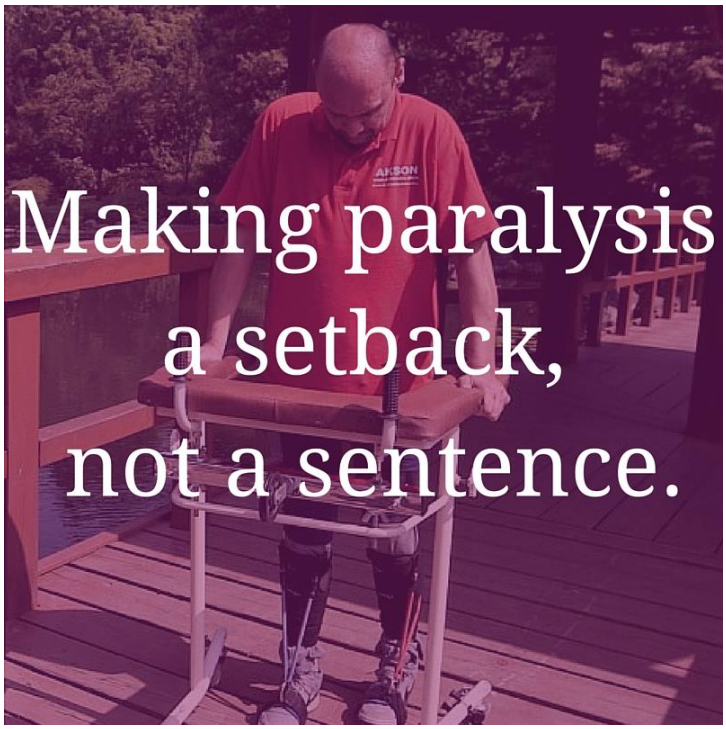
Along with Claire Lomas, we had a group of nsif champions who took part in the Vitality 10,000 run on 30th May. Spirits were high as the group of runners sped past some of London's most famous sights. The day marked another fantastic fundraising effort with a total of over £18,000 being raised for spinal injury research.

Read about the day

SCI Awareness Day

The 20th May was SCI Awareness Day, one of the most important days of the year for the SCI community. At nsif our main goal is to find a cure for paralysis caused by SCI, but until then we believe it is important to bring as much attention as we can to the needs of those with SCI. We think that increasing understanding of the condition is so important that we went beyond the day and dedicated a whole week to SCI awareness. Throughout this week our campaign included infographics about SCI and culminated in a series of short videos about the lived experiences and #EveryDayWins from people with spinal injuries.

Check out the full campaign



Charity Spotlight Fortnight

This June we've been taking part in the #CharitySpotlightFortnight campaign on Instagram. Created by Bluebird PR the campaign is designed to showcase the immense work of smaller charities like nsif and provides an easy way to get informed with what we do.

See what we had to say!

Summer and beyond…

Missed out on getting involved with nsif in Spring? Take a look at future ways to get involved!

nsif Christmas event

After the success of our events season so far this year, the team are busy preparing a Christmas event – more info to follow in our autumn newsletter.

Register your interest here to be the first in the know!

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nsif vs Rooprai

We've been planning something pretty special with our friends at the Rooprai Spinal Trust, who laid down the gauntlet earlier this month. On 30th March 2017 we'll be going head to head for an nsif vs RST quiz. Watch their video below and look out for more information soon!

Virgin Money London Marathon place

We are delighted to have been given a charity place in next year's Virgin Money London Marathon. The world renowned run will be taking place on 23rd April next year. We have one place available, and would love an **nsif** champion to take up the challenge. For your chance to take place in one of the world's best marathons send an email to info@nsif.org.uk detailing why you want to run for **nsif** and how much you pledge to raise.